

Medical History

Name: _____ Date: _____

Address: _____

Cell Phone: _____ Home Phone: _____

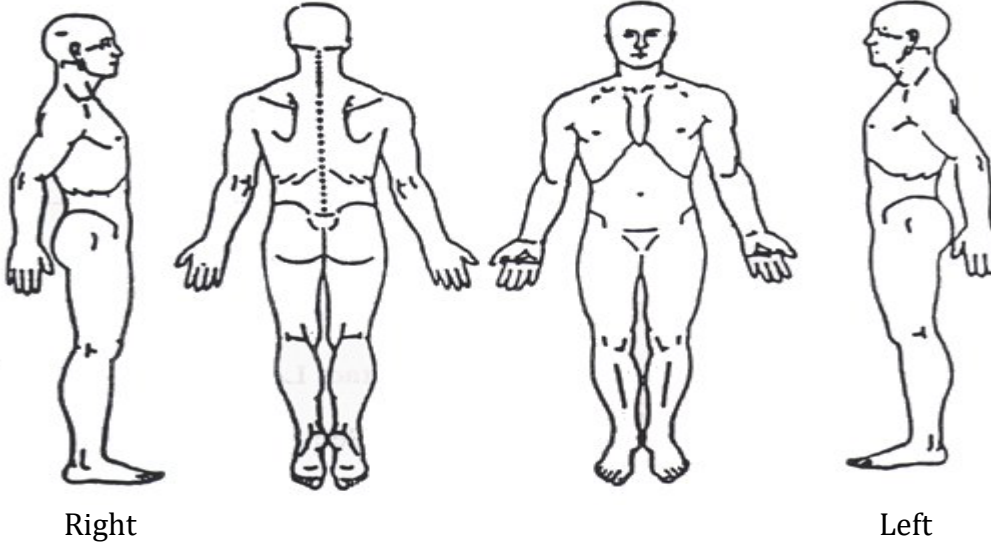
Email Address: _____ Date of Birth: _____

Occupation: _____

How often do you exercise? _____ What kind of exercise(s) _____

What supplements are you taking? _____

Please circle any problem areas below.



Do you have any of the following? Please circle.

- | | | | | |
|---------|-----------|----------|------------------|---------------------|
| Asthma | Arthritis | Cancer | Digestive Issues | Heart Disease |
| High BP | Low BP | Diabetes | Pregnancy | Headaches/Migraines |

Are you taking any medications? Yes No If yes, for what? _____

Injuries or surgeries? _____

Please note: For the benefit of other clients, I have a 24 hour cancellation policy.

Would you like to be included for my newsletter and other health related information? You can always opt out at a later date. Yes _____ No _____

Signature: _____